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Honouring Faculty Welcoming Alumni



Former Governor Sindh and Interior Minister General Moinddin Haider, an alumnus of Government College Sargodha, and Vice Chancellor Dr Ishtiaq Ahmad presenting bouquet to Dr Saeed Akram Bhatti upon his retirement

At the end of each year, Sargodha University hosts a dinner reception for its faculty and staff to pay tributes to its professors retired in the past year for their distinctive service at the University. However, this time, the grand event held on the night of December 5, 2018 was different.

Apart from some 700 university officials, a select gathering of alumni of Government College Sargodha also graced the occasion, including former Governor Sindh and Interior Minister General Moinddin Haider, and ex-principal Government

College Sargodha Sahibzada Abdur Rasool, also a prominent historian and author.

Hence, the reception not only reflected the emotive expressions of gratitude to the departing members of the senior faculty but also of the nostalgic feelings shared by the accomplished alumni.

“I had joined the Armed Forces after graduating from the Government College. I have cherished every moment spent here in the past several decades. I am truly proud to see this great institution becoming such a large and prominent university today,” said General Moinddin Haider in his address.

Sargodha University has more than a century long history, first established as a school in Shahpur, a nearby town of Sargodha city, which then became De'Montmorency College in 1929, renamed as Government College Sargodha in 1946, and chartered as a university in 2002.

The Alumni Association of University of Sargodha was established in 2017 to resume contact with the graduates of both Government College Sargodha and the University, many of whom have rendered exemplary services in politics, civil and military services bureaucracy, academia, business and other spheres of public life.

“I am so happy to see so many graduates of the College, some of whom were students during my tenure as Principal,” said Sahibzada Abdur Rasool, adding: “Alumni's engagement with this university is critical not only for inspiring our talented but generally directionless youth but also developing the institution in meaningful ways.”

On the occasion, vibrant festivities and colourful musical performances by students entertained the worthy guests, whereas documentary films, evincing the worthwhile contributions of the retiring faculty along with their recorded interviews, were screened on the stage.

In his remarks, Vice Chancellor Dr Ishtiaq Ahmad thanked the prominent alumni for sharing their memories and the retiring professors for their valuable services to the University, while pledging to engage the alumni as well as his colleagues in the faculty and staff for further developing the academic profile of Sargodha University.

PhD output increases fourfold in 2017-18 than last five years

Total number of notified PhDs produced by Sargodha University has increased fourfold in 2017-18 as compared to the previous 5-year period (2012-16).

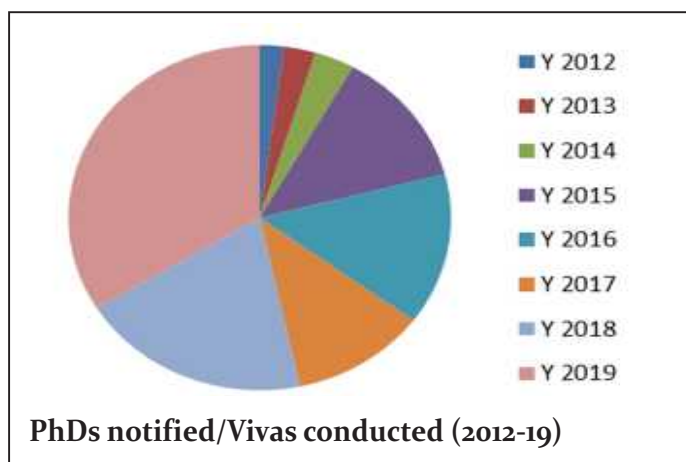
In 2017-18, the University notified 46 PhDs and completed evaluation of 22 PhD cases while the evaluations of 48 PhD cases are in process. On the other hand, the total number of notified PhDs during 2012-16 was just 52.

The increased production of qualified PhDs was a result of the pioneer reforms introduced by the University Administration to significantly contribute towards enhancing the quality of human resources in the country for economic and social development.

From the past two years, the University has been witnessing progress at every level owing to certain concrete steps taken by the Administration. It started financially assisting the senior faculty to travel abroad for developing global academic and research linkages with reputed international institutions through Office of the Research, Innovation and Commercialization from the University's own resources.

Consequently, the faculty and researchers started rapidly participating in international conferences and post-docs. The initiative not only helped creating a productive research environment at the campus but also built linkages between the local researcher and the international experts.

Moreover, the comprehensive revision of lists of foreign referees and local experts, regular meetings of Advanced Studies and



PhDs notified/Vivas conducted (2012-19)

Research Board, recruitment and rotation of staff, administrative efficiency and increased communication with foreign experts for the evaluation of PhD thesis also supported the increased production of PhDs.

Besides these initiatives and foreign collaborations, research funds awarded by Higher Education Commission, Higher Education Department, Punjab, Pakistan Science Foundation and Punjab Agricultural Research Board aided in producing the increased number of PhDs at the University.

It's worth mentioning that the PhD output by the universities, is seen as a source of scientific and technological innovation, high-level skills production, a driver of job creation and thus of economic growth and of greater social well-being.

18 HEC awarded research projects won

Eighteen faculty members of Sargodha University have won research grants from Higher Education Commission against a single call for proposals under National Research Program for Universities for the year 2017-18.

The University had submitted 90 research proposals completed in all respects which were successfully shortlisted by HEC for further review process. These projects were blind peer reviewed by subject experts at HEC.

The success rate of Sargodha University in NRPU is 20% which is a significant increase from the previous years. The University is ranked 4th in the national universities established after 2002 and 9th in Punjab. At national level, the University secured 17th position

which is a remarkable achievement and substantial progress in research and development.

Credit of this achievement goes to the current administration of the University which facilitates the researchers and encourages them to indulge in productive research activities, says Dr Anjum Murtaza, Deputy Director ORIC.

The University has empowered its Office of Research Innovation & Commercialization for improving the trends of the research activities. This office facilitates and provides guidelines to the faculty members to gain maximum funding from various national and international funding agencies like HEC, PHEC, PSF, PARB, USAID, USDA, etc.

After Syndicate winds up PPP sub-campuses, main campus welcomes their students

Sargodha University has successfully adjusted all the students of its five private sub-campuses at the main campus and affiliated colleges of the University after the closure of its Lyallpur and women's sub-campuses in Faisalabad as well as those in Gujranwala, Lahore and Mandi Bahauddin.

The University Administration was fully prepared for this onslaught when the Syndicate decided to wind up the operations of all the private sub-campuses, in its meeting held on 1st December 2018.

Around 7,000 students from PPP sub-campuses have been smoothly accommodated at the main campus. They have appeared in the final examinations after completing their preparatory classes at the main campus. Two examination centres at Faisalabad and one in Gujranwala were also established to facilitate the students.

“This was a huge onslaught far exceeding the University capacity. However, thanks to technology that enabled us to efficiently deal with the extra load,” informs Tahir Umar, Incharge of the Web Development Cell, which facilitated the process of migration and registration of the students for the final examinations.

The University has set up an online portal at its official website and a facilitation centre at the main campus to guide and assist the students. The online portal kept accepting applications till the commencement of final examination.

Providing the girl students on-campus accommodation was also a hefty task. For the purpose, the University vacated four hostels including one boys' hostel to adjust the students. Common rooms of five girl hostels have also been used to accommodate them.

Students of these private sub-campuses have been facing uncertainty as the managements of Lahore and Mandi Bahauddin sub-campuses were in the custody of the National Accountability Bureau, while the women's and Lyallpur sub-



Students of the PPP sub-campuses being facilitated at the facilitation centre set up at the main campus

campuses in Faisalabad and the one in Gujranwala had requested the University for their closure under Clause 30 of the Partnership Deed Agreement.

The anxious students felt a sense of security in joining the main campus with better infrastructure and healthy academic environment rather to go for other options given by the University including migrating to any affiliated college of the University or to other university.

Irtaza Abbas, a student of MA Mass Communication was happy after migrating from Lahore Sub-campus to the main campus. To him, the environment at the main campus is conducive for carrying out higher education as the campus facilitates its students in every respect.

Mureed Hussain from Lahore, whose daughter has been studying at PPP Sub-campus Lahore, enunciated that he was relieved when his daughter migrated to the main campus and settled down in one of the hostels of the University. “I am thankful to the University administration that it put the worried parents of students at ease by facilitating their children.”

Maryyam Khan, a student of MSc-IT at Sub-Campus Mandi Bahauddin said that she and her fellows were anxious about carrying out their studies in a new environment. However, they forgot their worries when they found faculty, administration and students at the main campus very cooperative and friendly.

Academic Council revises semester, admission rules to enhance quality



The Vice Chancellor presiding over the Academic Council meeting

The University of Sargodha has revised semester and admission regulations to bring them on par with the prevailing regulations in national universities as per the guidelines and recommendations of Higher Education Commission.

The revised regulations have been recommended by the Academic Council in its meeting held on January 8, 2019, which shall be finally placed before the upcoming Syndicate meeting for approval. These regulations will be applicable to the admitted students of Fall-2019-20 and onward.

The Directorate of Academics had reviewed the existing undergraduate, graduate and postgraduate semester regulations first approved in 2009 and 2008 respectively and later on upgraded in 2015.

“A large number of gray areas were observed even after up-gradation. The leave policy, semester freeze and fee issues, probation or drop out policy, migration or credit hour transfer policy etc. were not clear in both semester regulations,” says Dr Rauf Raza, the Director Academics.

He informed that the revision process is part of the agenda of wide-ranging academic and administrative reforms initiated by the University Administration to enhance quality teaching, productive research, knowledge sharing and global outlook of the University.

In the revised semester regulations, only one grading table for both term and semester system and faculties has been

formulated while the slab grading system has been replaced by absolute grading system by providing grade points to each percentage, from 40 to 80 percent.

The pass marks for each course shall be 40 percent for term system and it shall be applicable to affiliated government and private colleges as well. For semester systems, pass marks for each course shall be 50 percent which will be applicable to all programs of main, Mianwali and Bhakar campuses.

The revision process is part of the agenda of wide-ranging academic and administrative reforms initiated by the University Administration

The basic eligibility criteria of a few undergraduate, graduate and postgraduate programs have been revised for Fall-2019 admissions. The reserve seats for regular programs were reviewed by the Admission Committee of the University and

following inclusion have been made to existing reserve quota by following the recommendations of Academic Council.

- Two reserve seats for each teaching and non-teaching staff for regular programs at sub-campus Mianwali and Bhakar.
- Five percent seats reserved for Lawyers' children in 5-year LLB program.
- One seat per province for Sindh, Khyber Pakhtunkhwa and Balochistan instead of one seat of other provinces on reciprocal basis.
- Five seats for e-gaming, which shall be applicable to all programs where sports quota is applicable.

All changes in rules incorporated in revised regulations are recommended by HEC, Academic Council and the University Syndicate.

New Degree Programs

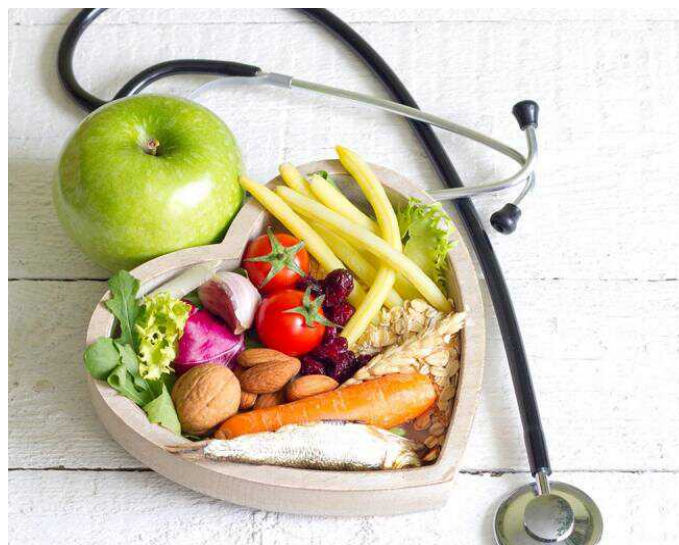
4-year programs to address malnutrition, empower women

Realizing the importance of human nutrition in daily life and emergencies like earthquake, drought, famine and man-made disasters, the University of Sargodha decided to launch HEC-recognized 4-year BSc (Hons) program in Human Nutrition and Dietetics at Institute of Food Science and Nutrition from the next academic year.

The purpose is to address the increasing prevalence of malnutrition in the country which is primarily attributed to poverty, high illiteracy among the mothers, food and nutritional insecurity and lack of progressive research to devise local solutions to restraint this situation.

The Institute is also launching 4-year degree program i.e. BSc (Hons) Home Economics to groom female students and prepare them for competing internationally with poise and confidence.

Dr Anjum, Director Institute of Food Science and Nutrition says, “Since women are a significant part of human capital base and without their powerful and competent efforts, no society can move forward, the Institute takes pride as the pioneer institutes of the region to deliver its best in empowering and strengthening



the women.”

With the combination of experienced and young faculty, the Institute aims to open new vistas of Home Economics through Gender Studies, Women Empowerment and Consumer Behavior and Community Services, he adds.

MPhil in Pharmacy Practice to produce qualified pharmacists

The College of Pharmacy at Sargodha University is launching MPhil program in Pharmacy Practice to produce competent and reliable pharmacists with cutting-edge critical-thinking, problem-solving and decision-making skills.

The motive is to develop the working of future pharmacists in the areas of clinical pharmacy, hospital pharmacy, community pharmacy, pharmaceutical marketing, public health and research.

The University is taking major reforms not only to ensure quality education but taking way forward steps towards implementation of education for the community. It is now one of the three public sector universities which offers Pharmacy Practice course in Punjab.

Classes of the newly approved MPhil program will commence in the Fall-2019 session while upon successful completion of the

degree, the students will be able to have a clear understanding of the principles of Pharmacy Practice.

During the course, the students will be familiarized with pharmaceutical care, pharmaceutical policy, legislation, guidelines, standards and ethics. They will also learn about the role of pharmacist, team leadership, management skills, sociology of health and medicines as related to pharmacy practice and other various areas of pharmacy practice like professional communication skills, OTC medicines and pharmacy specific services.

The students will also be trained to create, transmit, and apply new knowledge based on productive research in the pharmaceutical, social, and clinical sciences; collaborate with other health professionals and learn to enhance the quality of life through improved health for the members of local as well as the global community.

MoU with Turkish University to build capacity, promote research



From L to R: Director ORIC Dr Farooq Anwar, Vice Chancellor Dr Ishtiaq Ahmad, Rector Usak University Dr Ekrem Savas, and Dr Fazal-ur-Rahman, Director Pakistan Institute of China Studies

Sargodha University and Usak University of Turkey have agreed to establish and strengthen ties in the field of science, technology and education to get benefitted from each other's experiences.

In this regard, Sargodha University and the Usak University signed a Memorandum of Understanding on November 13, 2018 to formally kick start the collaboration. The Vice Chancellor Dr Ishtiaq Ahmad and Usak University Rector Dr Ekrem Savas inked the agreement.

As part of the agreement, the Usak University has called applications for the undergraduate and post graduate students exchange from various department of Sargodha University. The exchange will start from Spring 2019.

Moreover, the Turkish university has already invited four faculty members from various departments of Sargodha University to teach two credit hours at Usak University for a period of maximum three months.

According to the MoU, both the institutes agreed to facilitate development of mutually beneficial exchanges/programs and promote research and educational relationships.

The pact will facilitate exchange of academic staff for research, teaching and presentation of special courses in their

fields of specialization.

Under the agreement, joint research programs will be developed and postgraduate students will be exchanged in respect of specific research projects or courses of interest and importance.

Addressing the signing ceremony, the Vice Chancellor said that MoU with the Usak University will promote people-to-people contract between the two countries.

He informed that Sargodha University has incentivized the

faculty to promote international collaborations and striving to develop international linkages and collaborations at all level.

“As the geographical distance is large between both countries, we shall benefit from the technology for

interactive sessions with Usak University by getting its faculty on online video conferences,” the Vice Chancellor pointed out.

In his speech, Dr Ekrem Savas informed that joint projects carried out under the agreement would help promote academic and research standards of both the institutes.

He said that Usak University will welcome faculty and students from Sargodha University and facilitate its collaboration with other Turkish universities.

Usak University will host faculty and students from Sargodha University and facilitate its collaboration with other Turkish universities

English Access Program launched to equip young students with language skills



Graduating students pose for a group photo with the Colleen Grenwelge, the US Consul General in Lahore, and the Vice Chancellor at the inaugural ceremony

The University of Sargodha, in collaboration with United States Consulate, Lahore, launched a two-year English Access Micro-scholarship Program on December 21, 2018. Ms Colleen Crenwelge, Consul General of US Consulate, Lahore was chief guest at the inaugural ceremony, while Michael Guinan, Public Affairs Officer of the US Consulate, the Vice Chancellor Dr Ishtiaq Ahmad and Director Pakistan Institute of China Studies Dr Fazal-ur-Rahman were also present on the occasion.

Addressing the ceremony, the Vice Chancellor acknowledged the efforts of the US Consulate in taking positive initiatives in the field of education.

Ms Nimra Zia, the Manager of English Access Program, informed that currently 125 children of age group 13-18 are learning English

language under the Micro-scholarship Program at the Lincoln Conner Sargodha while 100 have recently completed the intensive 2-year English Access Program.

Ms Colleen Crenwelge acknowledged the role of the Program team in community service and education.

During the ceremony, students of the access program mesmerized the audiences through Sufi and English music performances. At the end, US Consul General and the Vice Chancellor awarded certificates to the students inducted in the intensive 2-year English Access Program.

The Access Program – incepted in 2004 – provides a foundation of English language skills to bright but economically disadvantaged students in their home countries. It gives participants English skills that may lead to better jobs and educational prospects.

Mission Statement: BSc Mechanical Engineering

In 2017, Pakistan became the full member of the Washington Accord. As per this accord, the Outcome Based education (OBE) system of education is necessary for the engineering programs at all national universities to get accreditation from the Pakistan Engineering Council (PEC).

The College of Engineering and Technology (CET) at University of Sargodha had introduced its BSc Mechanical Engineering program in Fall 2103. The Department of Mechanical Engineering started the OBE system of education in Fall 2018 as required by the PEC.

The mission of the College of Engineering and Technology is to “provide world class Engineering and technology education based on conducive learning environment, quality teaching and extensive research emerging as a solution provider to industry.

The mission of the Department of Mechanical Engineering is to

“provide students, fundamental Mechanical Engineering knowledge, skills and professional experience by imparting high quality education so that they may participate actively in industry and academics as well.”

The following four Program Educational Objectives (PEOs) form the basis of BSc Mechanical Engineering at CET:

PEO 1: Have strong competence in mechanical engineering resulting in successful careers.

PEO 2: Pursuing research and innovation and be able to provide technical solutions for engineering industry problems.

PEO 3: Leading or participating in efforts to address socioeconomic and technical challenges.

PEO 4: Enhancing their professional development and technical capability through continuing education.

4th International Mathematics Conference

Debating latest trends in Pure and Applied Mathematics

The Department of Mathematics organized the 4th International Conference on 'Pure and Applied Mathematics' to enhance the understanding of the targeted subject and to acquaint the mathematical community with the latest trends in mathematics.

The two-day conference, held on December 21-22, 2018 and funded by Higher Education Commission (HEC), provided a venue to academics, researchers, professionals and practitioners to share and discuss research findings, experiences, and practical issues with international eminent mathematicians.

The event also served the purpose of introducing Pakistani culture and society to the foreign delegates for improving the relationship between Pakistani mathematicians and their counterparts in other countries.

The conference was organized around three themes, including Pure Mathematics, Applied Mathematics and Computational Mathematics. Corresponding to these themes, the program of the conference was divided into four technical sessions, apart from opening and closing sessions.

During the technical sessions, 62 mathematicians from countries, including China, Italy, Croatia, Turkey, Iraq and United Arab Emirates read out their research papers and shared ideas on the subject.

The international speakers recognized the quality of research papers presented at the conference and expressed gratitude for the hospitality rendered to them. They were of the view that such events introduced Pakistan very well to the global mathematical community.

Dr Lyoubomira Softova from the University of Salerno, Italy expressed her interest in collaborative research with the mathematicians of Sargodha University, saying that such conferences provide the researchers with the best platform to find collaborators for research.

Dr Erhan Set from Ordu University, Turkey informed the conference that he would explore the opportunity for publishing the conference proceedings in an ISI indexed journal.

A renowned academic figure of Iraq, Dr Nabeel Ezzulddin Arif shared his findings on 'Topological indices of certain edge-gluing



Italian Mathematician Dr Softova speaking on the occasion

graphs with some application' and enlightened the gathering that eccentricity connectivity, sum connectivity and forgotten indices were most popular topological indices and used in wide spectrum of application in graphs and chemical graph theory.

Dr Marjan Praljak from the University of Zagreb, Croatia shared his research paper on 'Positivity of Weighted Averages of Higher Order Convex Functions' and presented the results obtained by finding suitable representations of polynomial part and the error term in appropriate form.

Assistant professor from Huanghuai University, China, Dr Xiaomin Qi, presented his study on 'Support Vector Machine and Generalized Support Vector Machine for Data Classification'.

His research emphasized on new methods for data separation by using support vector and generalized support vector machine as a powerful tool for data classification.

Dr Muhammad Abbas, Chairman of the Mathematics Department, expressed that the event proved itself in advancing mathematical achievements and encouraging

research. "It will also open new doors of exposures for our students and young researchers."

It may be added here that the conference was a sequel of three international conferences which have been organized annually since 2015 at University of Sargodha by the Department of Mathematics in collaboration with HEC.

62 mathematicians from various countries, including, China, Italy, Croatia, Turkey, Iraq and UAE shared their ideas on the subject

Over 1,000 students and staff get MS Office certification

The University Data Center organized several awareness sessions under 'Microsoft Office Specialist Certification' program to incite the Microsoft Office proficiency among students and staff for booming classroom progression and course effectiveness.

The Microsoft Certification Program is a joint venture of the Higher Education Commission, Microsoft and TEC Education Foundation encouraging faculty, staff and students to become certified Microsoft Office specialist.

The sessions provided understanding about operating MS Word, MS Excel, Power Point, Access, Outlook, One Note and Share Point. The session also informed the participants to contact University Data Center to become member of this program.

Addressing the session, Senator Rukhsana Zuberi, President of TEC Education Foundation and former chairperson Pakistan Engineering Council, said that technical skills are a great way for graduates to give themselves the competitive edge over other candidates. The Senator briefed the students about the MS Office Certification program that normally it costs around \$100 for each module (Office, Power Point and Excel) but HEC, in collaboration



Students taking MS Office Certification exam

with Microsoft and TEC Foundation, is offering all students, faculty and staff of the University to avail the opportunity of appearing in this exam for free.

So far 2500 candidates appeared in the exams to get MS Office certification, of which 1250 became certified, Kashif Ehsan, focal person of the program informed.

“The certification enabled students to benefit from millions of employment opportunities in the field of computer programing, system analysis, IT analysis, network and database administration and many more,” he added.

GRE preparatory workshop to guide aspirants

Career Development Centre of the University, in collaboration with the United States Educational Foundation in Pakistan, arranged a General Record Examination preparatory workshop and information session on December 4, 2018 to clarify the concerns and queries of the students about the GRE and US Fulbright scholarship.

The workshop was conducted by Zeeshan Rahat Kureshi, Principal Advisor of the USEFP.

He urged the students to appear in GRE Mock Test to get a chance to win a GRE Test Voucher worth \$205 to be held at the main campus in February 2019. The free voucher will be awarded to first three high scoring candidates of the mock test.

Around 250 undergraduate, graduate and MPhil students of various departments were in attendance.

During the session, the participants were provided with the

guidelines for approaching the verbal, quantitative and analytical sections of the GRE.

They were given practice questions and exercises on topics such as verbal and quantitative reasoning and analytical writing to help them get acquainted with the GRE format.

The session ended with questions from the audience regarding the GRE techniques and Fulbright scholarship.



Zeeshan addressing the workshop

Connecting agri scientists with local farmers

Experts of College of Agriculture, Sargodha University have been continuously visiting local agricultural lands for knowledge sharing and delivery of advisory services to the local farmers to help them in switching from traditional methods to advance methodologies in agriculture and maximize their output.

The visits of agriculture scientists are being facilitated through an outreach program started in the College of Agriculture, under the leading role of the Department of Agricultural Extension.

The farmers of the local area overwhelmingly welcomed the outreach program, since this is the first ever initiative taken to support local farmers other than the programs of Provincial Department of Agriculture.

Following are the objectives of this program:

- To fill gap between researchers and local farming community
- To bring change in farming practices of local farmers
- To disseminate latest agricultural technologies such as precision agriculture at grass root level
- To promote linkage and communication with three identities of Agriculture system such as Education, Research and Extension in the area

“The program bridges the gap between scientists of the College and local farming community for achievement of common goal of green revolution in the area. The faculty members interact with farmers so that better mutual relationship and trust could be built between the two sides,” says Dr Ejaz Ashraf Incharge Outreach Program.

The outreach team comprises of experts for designing, planning and executing of the program. The first mandate of the team is to establish individual and mass contacts with local farmers and the second is to conduct a need assessment survey of the neighboring farming community and to introduce the College among the farmers of the area.

The sole purpose behind all these activities is to involve the agriculture scientists to get first hand knowledge of the problems of the farmers and try to solve them in the field and give them



Probing the problems of bamboo cultivation in the Sargodha region

better advice to run their farming activities.

All major disciplines of agriculture such as Entomology, Plant Pathology, Horticulture, Agronomy, Soil Science, Plant Breeding and Genetics, Forestry, and Live Stock, Veterinary Medicines are involved in the program.

The teams visit different villages and conduct on-site community meetings and educational lectures with the farmers.

In addition, individual meetings with farmers are also being

conducted by the teams of experts to solve their specific problems.

The farmers participate in the meetings to seek the solutions of their problems from the experts. The experts try their level best to give them acceptable solutions of the problems. However, if any problem or issue is not able to be addressed on-

site, the farmers are invited to the College of Agriculture for finding comprehensive solution of the problem.

Due to this outreach program, the farmers of the area have become a part of the College's educational and learning activities so that they could get fresh up-to-date knowledge of the modern

A large number of local farmers participated in the meetings to seek solutions to their problems from the experts

World Diabetes Day 2018

Free diagnostic services for students

Sargodha University celebrated the World Diabetes Day-2018 to raise awareness about the escalating threats to health posed by diabetes and to promote testing and prevention of the disease.

In this regard, a seminar and free medical camps, with the objectives of creating awareness and identifying the risk groups, were organized at the main campus on November 14, 2018. Students presented stage plays highlighting the disadvantages of sedentary lifestyle, obesity and consumption of unhealthy food.

The Vice Chancellor inaugurated the stalls set up at the main campus by Sargodha Medical College in collaboration with various pharmaceutical companies for raising awareness about diabetes and conducting HbA1c and other free medical tests for examining blood glucose, body mass index, blood pressure and cholesterol level of the visitors.

More than 5,000 students got their blood sugar level examined at these stalls. Brochures, pamphlets and other kind of informative literature were put on display while the students were also counseled about the prevention and symptoms of diabetes.

A seminar at the Institute of Food and Nutrition Sciences was also held during which the medical experts, faculty members and students gave presentations about causes, symptoms and prevention of diabetes.

The purpose of the seminar was to raise awareness about the impacts of diabetes on family; support network of those affected; and to promote the role of family in the management, care, prevention and education of diabetes.

Speakers of the seminar stressed the need for discouraging consumption of high carbohydrates and animal fat in meals and encouraging physical exercise and games.

Focusing on how the family can remain united against the disease, they said diabetes can become a life-threatening disease; it has devastating complications if not treated early and managed appropriately.

Sidra Javaid, a student of MPhil Food Sciences reckoned in her



A student gets her blood sugar level examined

Many students were found to have the basic knowledge of diabetes, its symptoms and alarming signs

presentation that over seven million people are living with diabetes in Pakistan while another seven million are on the verge of developing diabetes if no preventive measures are taken.

“Type 2 diabetes has a stronger link to family history and lineage than type 1. Although environmental factors also matter but the persons with history of diabetes in family are more vulnerable to type 2 diabetes therefore they should be more vigilant and adopt

preventive measures,” she added.

She emphasized on the consumption of balanced diet, daily exercise, regular medical examinations, controlling blood pressure and maintaining ideal body weight.

Modassar Ali from 5th semester of BS Food Sciences presented his survey study conducted within the premises of the

main campus to assess the knowledge of students about diabetes. Sharing results the study, Modassar informed the seminar that a large portion of students at main campus possess basic knowledge of diabetes, its symptoms and alarming signs i.e. excessive thirst, frequent urination, numbness in hands and feet and overweight.

UN Sustainable Development Goals

Role of youth stressed in achieving SDGs

The University of Sargodha organized on December 13, 2018 a special lecture to develop young people's understanding of Sustainable Development Goals (SDGs) specifically in the context of socioeconomic and environmental issues in Pakistan such as climate change, acute unemployment, ultra poverty and institutional development.

The lecture titled 'Sustainable Development Goals: A Journey from MDGs to SDGs' was organized by the Office of Research, Innovation and Commercialization (ORIC) as part of the ongoing 'Distinguished Guest Lectures Series'.

On the occasion, a renowned social worker and scholar, Irfan Mufti, while talking about placing the MDGs/SDGs in the heart of development, informed that agenda of Millennium Development Goals was signed in September 2000 by over 191 nations, committing to a series of targets including poverty and hunger eradication, achieving universal primary education, reduce child mortality, ensure environment sustainability and others.

However, he added, "By the end of 2015, 40% of world population was living on 94% of world income and the remaining portion was living on only 6% of world income; 16,000 children were dying of hunger every day; climate crisis were deepening further; and 1.55 billion world population increased."

Given the situation, the world adopted SDGs which are a universal set of 17 goals with 169 targets which all UN member states are expected to use in framing their national development agenda, he said, adding that the initiative was taken when the world felt that problems of the undeveloped countries are affecting the whole world and need involvement of the developed countries to solve them.

The SDGs goals include no poverty, zero hunger, good health and well-being, quality education, gender equality, clean water and sanitation, affordable and clean energy, decent work and

"It is time for Pakistan to work hard for achieving SDGs so that agonies of the people can be lessened"



Irfan Mufti, prominent scholar and social worker, speaking on the occasion

economic growth, industry, innovation and infrastructure, reduced inequalities, sustainable cities and communities, responsible consumption and production, climate action, life below water, life on land, peace, justice and strong institutions and partnerships for the goals.

Sensitizing audience about growing food shortage and hunger, he said that threats of hunger and ultra-poverty are haunting the world as the world population will increase by 50% from 7 billion to 10 billion until 2050 and it would become almost impossible to

meet the food-needs of the world.

In the wake of the failure of MDGs in not only Pakistan but most of the global south, Mufti noted that it is the time for Pakistan and many other least developed countries to work hard for achieving SDGs so the agonies of people living in

these countries can be lessened.

He urged the youth to vote for capable representatives and make them accountable by raising voices for the individual as well as collective rights and overall development of the society. "Without addressing the issue of bad-governance, dream of achieving development cannot come true," Mufti added.

In concluding remarks, the Vice Chancellor stressed the role of youth hailing from middle class or lower middle class in fulfilling SDGs and its targets in Pakistan.

‘CPEC to bring economic prosperity to Balochistan’



Safdar Hussain, a renowned scholar and Joint Director of Pakistan Institute for Peace Studies, answering questions during Q&A session

Pakistan Institute of China Studies, Sargodha University has started a Scholars Lecture Series to stimulate critical thinking among students and young faculty members and to increase their knowledge of China's culture and policies and its role in contemporary global system.

The first lecture of the series titled 'China Pakistan Economic Corridor in Balochistan' was delivered by Safdar Hussain Sial, a renowned research scholar and Joint Director of Pakistan

Institute for Peace Studies, on November 15, 2018.

In the opening remarks, Director PICS Dr Fazal-ur-Rahman introduced the future plans of the Institute and gave a detailed rundown of Pak-China friendship.

He informed that the distinguished guest lecture series is aimed at enriching knowledge and fostering understanding of the students and young faculty members of the University about political, economic and social scenario of the region.

Safdar stated in his lecture that Balochistan is the province that holds a pivotal place in the successful implementation of CPEC due to Gwadar Port and its geo-strategic location.

He emphasized on considering in the policies development and employment needs of Baloch people and said that the CPEC can address their grievances linked to underdevelopment and inequality.

At the end, an interactive question and answer session was held in which students asked many questions related to CPEC, its advantages and implications for Balochistan.

Former envoy discusses strategic contours of South Asian politics

Fouzia Nasreen, Former Ambassador of Pakistan to Poland, Nepal and Australia, delivered second lecture of the Scholar Lecture Series on 'Emerging Strategic Contours of South Asian Politics' on December 10, 2018.

She briefed that South Asia is facing multi-dimensional security challenges which have not allowed economic and strategic interests to take precedence in matters of policy and development.

She was of the opinion that US-initiated ongoing trade war against China would affect the regional economic landscape to some extent “as the region is the center of certain grand composite projects like CPEC,” adding “and the countries like US, Japan and Australia have agreed to invest in infrastructure projects in the Indo-Pacific in a move seen as a counter to BRI and rising influence in the region.”

The former Ambassador concluded by laying stress on development of human resources, youth empowerment, increased use of science



Ambassador Fouzia Nasreen delivering her lecture

and technology and better understanding of Chinese culture and development models in Pakistan to not only fully utilize the grand project but also have a niche in the largely-changed regional power setup.

‘Media freedom critical for ensuring rule of law’



Khursheed Nadeem, renowned writer and TV celebrity, addressing the national conference

A two-day national conference emphasizing the constructive role of judiciary as well as electronic media for smooth running of democracy and rule of law held at Sargodha University on 5-6 December 2018.

The conference titled 'Impact of Electronic Media Freedom on the Rule of Law in Pakistan' was organized by the Law College in collaboration with HEC. The Vice Chancellor presided over the conference while several prominent figures from judiciary, media, academia and bar councils including Former Federal Minister for Law Dr Khalid Ranjha, Justice (R) Ijaz Chaudhary, renowned scholar Khursheed Nadeem and MNA Syed Javed Husnain Shah offered their critical perspectives on the subject.

The event aimed at providing a platform for fruitful discussion and to encourage dialogue culture about the latest legal issues and developments in media, law and technology.

The conference was organized around different themes, including media and contempt of court law, media and fundamentals rights, media in exposing social injustice, media and PEMRA Law, media as a challenge to rule of law, media trial, media restrictions, right to access information, and protection of public rights through media discourse.

To ensure rule of law, the speakers called on strengthening of social norms and customs which, as basic sources of law, may contribute

“There is a dire need to make PEMRA an independent but accountable body for proper implementation of media laws and ethics”

Pakistan.

The speakers created unanimous consensus that there is a dire need to make PEMRA an independent but accountable body for the implementation of media laws and ethics in true letter and spirit. They also admitted vital role of media in highlighting the social issues and ensuring the rule of law in the country.

During the conference, the future legal practitioners focused on how Pakistani electronic media can play a positive role in upholding rule of law and wrapped up proposing amendments in present legal framework for media regulations.

Each fascinating presentation generated interesting debate in the

Q&A session, with critical questions by students and convincing responses by speakers.

Tanvir Hussain from the Department of Communication and Media Studies asked Nadeem that how young minds can be saved from falling prey to false propaganda spread through social media. Nadeem answered

that youth must to be more rational and build their understandings on the basis of self-analysis and research instead of believing in ideas and content propagated through media.

To a question about media’s impact over justice system, Dr Khalid Ranjha said that judiciary takes decision on basis of merit and in light of investigations and proofs however, positive role of media may also help in flawless delivery of justice.

towards making of a relatively more compatible legislation that would be happily abided by all segments of the society. The epitome of the conference highlighted that the positive role of electronic media must be in circumscribe of the rule of law in Pakistan through procedural amendments in the constitution of regulatory bodies and ensuring equilibrium between both the entities under Article 19 and 19-A of the Constitution of

Kinza Nazir wins prize in Chinese embassy's essay writing contest

Kinza Nazir, an undergraduate student from 7th Semester at the Department of Information Technology and Computer Sciences won Consolation Prize in an essay writing competition titled 'To China, With Love'. The Chinese Embassy will also consider Kinza for a short study tour to China in 2019. The award ceremony of the competition – jointly organized by the Embassy of the People's Republic of China and Pakistan China Institute – was held at Chinese Embassy Islamabad on November 20, 2018. The competition attracted about 18,000 participants from across Pakistan. The judges included Dr Shezra Mansab Ali, former MNA and Pakistani delegate at UNESCO, Aamir Ghauri, Resident Editor of The News, and Dr Zhang Daojian, Head of Confucius Institute, NUML. Kinza's essay was kind of a letter to China from Pakistan depicting the perception of a common Pakistani about China. In her essay, she included her knowledge of China



Kinza, holding her certificate, poses for group photo

and opinion that she had regarding China and provided suggestions on how to enhance people-to-people connections between China and Pakistan.

Chinese Ambassador Yao Jing and Senator Mushahid Hussain Syed awarded certificate and cash prize to Kinza.

Zulqarnain stands 3rd in All Punjab Urdu Speech Competition

Zulqarnain from 7th Semester at the Law College, Sargodha University obtained third position in a Speech Competition organized by Punjab Bar Council on 'Role of Information Technology in Serving Justice'.

The competition was held on December 21, 2018 in which all the law colleges of Punjab participated. Rana Intezar Hussain, Chairman Legal Education Committee awarded certificate and prize to Zulqarnain.

In his speech, Zulqarnain pointed out that in this age of invention and innovation, technology has made it easier to the judiciary to serve justice to the complainants.

He suggested in his speech to employ wide range of soft as well as hard technologies in support of the justice system, including telephony, database management software, computers, automobiles, and tracking systems.

Zulqarnain is the President of Debating Society of the University students. Giving credit of his success to the faculty of Law



Zulqarnain receives the victory shield

College and Riaz Shad Co-Curricular Forum, he said that without their cooperation and guidance, he would not be able to represent the University as a debater and speaker at this level.

He encourages and invites other students of the University to join the co-curricular societies to improve their interpersonal skills.

Ahmed Zafar wins all Pakistan Calligraphy Competition 2018

Ahmed Zafar, a student of BS Graphic Design at the Institute of Arts and Design stood first in Jashn-e-Iqbal All Pakistan Calligraphy Competition held in Lahore on December 12, 2018.

The Competition was a national level exhibition of calligraphic art pieces based on Dr Muhammad Iqbal's poetry amalgamated with creative art elements. 200 art pieces of students/artists from 45 universities and art institutes were displayed during the exhibition.

Senior artists including Muhammad Javed from Co-Opera Art Gallery and Mudassir Zia from Street Art Pakistan were among the judges of the contest. Out of three best calligraphy works selected by the judges, Zafar's work won against the big names of the art circle.

Elaborating his work made on Ahar paper with poster colours, Zafar said: "I molded calligraphy to make a portrait of Iqbal. I used vibrant range of colours to depict the versatility of Iqbal's poetry and used Turkish black ink to write calligraphy in



Ahmed Zafar being awarded 1st prize in Calligraphy

traditional styles including Naksh, Thuluth and Nastaliq."

Zafar informed that one of his mentors, Ashraf Heera, is the inspiration behind his artwork and that he is thankful to the leadership of his Institute which stands for students and facilitate the young artists in every respect.

First prize in Videography at NUST Media Fest

Shahryar from 7th semester at the Department of Computer Sciences and Information Technology grabbed first position in Videography Competition held as part of National University of Science and Technology Media Festival 2018.

A team of 10 students from the University participated in the 3-day long NUST Media Fest held on December 17-19. The event had invited students from universities across Pakistan to present their skills in their favorite form of creativity including writing, photography, vlogging, graphic designing and many other competitions.

Besides sweeping the Videography Competition, the SU team grabbed distinctive positions in several other contests. Zainab from College of Pharmacy stood runner up in the Story Writing Competition while Arslan from Institute of Arts and Design bagged 5th position in Poster Designing Contest.

"The visit inspired us as we were exposed to the joys of learning,



Shahrhyar receiving 1st prize in Videography

competing, winning and interacting with your idols," says Shahryar.

Zainab says: "It was honour for me to grab second place in a competition where students from top universities of the country were taking part." Judges of the event were top figures of the media production field while students from 11 national universities took part in the various competitions.

Girls team stands runner up in Baseball Championship 2018

The Girls Baseball Team of Sargodha University kept spirits high by standing first runner-up in the Inter-Universities Women Baseball Championship-2018 held in Lahore.

The University team reached the final after beating Punjab University Lahore Women Baseball Team in the semi-final by five scores. The final match was played between the teams of Sargodha University and Lahore College for Women University on December 24, 2018. The University team stood second after giving LCWU team a really hard time. The trophy was lost by a small difference of just three scores.

Women baseball teams of eight national universities including Lahore College for Women University, Punjab University Lahore, University of Lahore, University of Central Punjab, Lahore Garrison University and Superior University Lahore were struggling for the title.

Ansa Arshad, Captain of the University Girls Baseball team said that after defeating Punjab University Lahore in the semi-final, they were having high hopes to sweep the championship.

“We could not win the trophy but we are happy that we gave our best



A player in action during final match of Inter-Universities Baseball Championship

effort. The winning team of LCWU was much stronger than us. We shall work harder than ever to improve our performance in the next championship,” she added.

Learning from real-world experiences through study tours

Social Sciences students paid a visit to Senate of Pakistan on November 15, 2018 to attend session of the Upper House of the Parliament and get the rare opportunity of having a tete-a-tete with the Senate leadership.

The study tour was arranged by the Department of Politics and International Relations in collaboration with the Department of History and Pakistan Studies.

The students were received by Director Protocol Senate Secretariat while they were warmly welcomed in the Senate session by Chairman Senate, Muhammad Sadiq Sanjrani.

“The spirit behind the tour was to provide first-hand observation of the law-making process. Such type of visits also provides our students with opportunities to interact with the political leadership which inspires them to excel in their lives,” added Farzad Ahmad, who accompanied the students on the tour.

The students also visited the Senate Library where a considerable

number of historic documents, parliamentary debates, international magazines and all books relating to rules and laws in Pakistan are hosted.

Moreover, the students of Communication and Media Studies visited National Press Club, Islamabad where they were briefed about various techniques and skills of investigative reporting by Shakeel Anjum, Secretary NPC and investigative journalist.

“The trip to NPC was quite informative indeed, elucidating the finest details of investigating journalism for the production of research and investigation based news stories,” said Hassan Sherazi, a BS student while expressing her views about the trip.

The media students also attended film screening session of Asia Peace Film Festival at Pak-China Friendship Centre, Islamabad on December 13, 2018. They also visited PTV news headquarters to witness various set designs and learn about studio production process and PCR and MCR working.

Young calligraphers, ready to conquer the artistic world!

The Institute of Art and Design at University of Sargodha encourages fine calligraphers with diverse expertise, a passion that was evinced at an exhibition of Calligraphy held on December 23, 2018 to feature 70 calligraphic works made by the students of BS Graphic Design 3rd semester and Bachelor of Fine Arts 5th semester as a part of their final exams. The exhibition was an amalgamation of traditional and modern style calligraphy based on experimental work and mix media.

Surah Ikhlas by Sehrish in Kufic Mazhfur script

This calligraphic composition was made by Sehrish Mehmood. She briefed that it is written in continuity without any break to indicate the continuity of life. The star in the middle is extending in all directions that are attributes of Allah and His infinity. The four design elements on outer edges in white are representing the four Holy Books of Allah. It was written in Kufic Mazhfur script with poster colours on black art sheet medium.



Surah Noah by Naeem Shahzad in Dewani Jali and Thulth script

In this artistic piece, Naeem Shahzad tried to show the performance of Sajda to Allah through the word Rabb if seen from an angle of 180 degree. The second part consists of three elongated Alif that are related to the respect and belongings of parents. Acrylic colours on Ahaar sheet were the basic mediums written in Dewani Jali and Thulth script.



Surah Zumar by Faryal Sadiq in Square and Andalusia Kufi script

The art piece of Faryal Sadiq depicts that Kaaba is the centre of the finite universe. She explains that main theme of this calligraphic art work is Allah, to whom everything belongs. The quarter lines above and below the circle in black are indicating Hadith and Sunnah. Poster colours, water colours and shell gold were used on Muqahhar paper and Square Kufic, Andalusia Kufi and Thulth Jali script were used.



Surah Infitaar by Laiba Alvi
in Thulth Jali script

Laiba Alvi tried to convey the message of Heaven and Hell by using golden, black and silver colours in her art work. She said that the golden colour is the indication for people going to heaven along with silver diacritical marks. The black colour used in reverse has connotations of 'Hell'. The script was in Thulth Jali and medium was pearl gold and gauche black on scholar sheet.



Surah Asar and Muawwizat by Aiman
in Thulth and Dewani Jali script

This art piece was made by Aiman Shazmeen. She says that she composed Sufi aspects of repetition in praying. The fruit in the middle is exemplary of Sabar in Sufi approach. Two Mandalas at the top and two small ones on the bottom are typical of the Sufi style of continuously worshipping without any worldly concerns. The script was Thulth Jali and Dewani Jali done with Acrylics on Ahaar sheet.



Surah Fateha by Rabia Ateeq in
Thulth Jali script

This art piece belongs to Rimsha Yousaf. She tried to explain the multidimensionality of Allah by writing His name in red colour. The blue colour depicts the strength of His decisions. The "Laa" in blue is protruding out of the composed alphabet which represents the individuality of Allah in His decisions. The composition was written in Thulth Jali script with poster colours on censen sheet.



Surah Fateha by Zainab in Kufic,
Thulth Jali and Dewani Jali script

In her art work, Zainab tried to portray the blessings of Allah and wrote Bismillah on the top to represent Kaaba. She used green colour to write Allah which symbolizes traditional association of Islam and chose Surah Fateh to epitomize a prayer for guidance, lordship and mercy. The Thulth Jali, Dewani Jali and Kufic script was used with poster colours on handmade art sheet.



Surah Fateha by Rabia Ateeq in
Thulth Jali script

Rabia Ateeq, in her calligraphic piece, divided Surah 'Fateha' in three parts. One is in the middle and other two are divided but composed in a circle. Whole composition is in the form of a dot. The middle part depicts that Allah is the Almighty One and everything starts from Him and will end in Him. The outer circle depicts that those who follow the righteous path of Allah, will reach their desired destination. The script was Thulth Jali and medium was Acrylic colours on scholar sheet.



Media students imparted skills required for digital production



A view of studio projects designed by the students of Communication and Media Studies

Students of the Department of Communication and Media Studies were imparted skills to produce documentaries using smartphones and to pursue career in the multifaceted field of media production.

In this respect, the Department of Communication and Media Studies held various workshops, interactive sessions and awareness seminars educating the aspiring students to explore their abilities and have a promising future in mass media.

The Department in collaboration with Ministry of Information, Broadcasting and National Heritage, organized a one-day training workshop on 'Documentary Production Using Smartphones' on December 17, 2018.

It was a full day workshop with practical training in collaboration with Pakistan Peace Collective, a research and communication project of the Information Ministry, to involve the professional and amateur journalists, photographers, cameramen, filmmakers, storytellers, and youth to participate in a national competition to develop a counter narrative for rejecting extremism and violence in all its forms.

The workshop was organized as part of an exhibition displaying the television studio projects produced by the students of BS 5th semester.

Akmal Khan, Digital and Campaigns Manager of Pakistan Peace project of Information Ministry briefed the students about technical aspects of documentary production using the smartphones.

He said that media is a volatile, fast-growing industry with better opportunities and a lot of scope for talented students to explore their abilities and have a promising future. He apprised the students about PurAzam Competition 2019 to increase their participation and contribution in the promotion of peace and positive image of Pakistan at national level.

The Department also arranged a two-day workshop on 'Audio Production and Editing' to provide the students with hands-on experience in radio production and audio scales. Renowned RJs, producers and technicians trained about 200 students during the three sessions held on each day.

A day-long seminar was also organized on 'Career Opportunities and Challenges in field of Audio Production' on November 23, 2018.

The speakers of the seminar recommended the aspiring students to listen to radio regularly if they want to grab a place in this field. They advised all those, who aspire to be a professional mass media or entertainment practitioner, must enjoy talking to people, have their own style and must have the knowhow of modulating their voices.

Students from the Department of Communication and Media studies actively participated in the events. They appreciated such initiatives which are helping them in sharpening their skills and building them to join the professional field soon after the completion of their degrees.

کلین اینڈ گرین پاکستان مہم کے سلسلہ میں تقاریب



ٹی وی اینکر سید اقرار الحسن

نے کہا کہ کلین اینڈ گرین پروگرام کو کامیاب بنانے کے لیے اجتماعی سوچ اپنانے کی ضرورت ہے، ماحولیاتی آلودگی کے خاتمہ کے لیے ضروری ہے کہ پلاسٹک بیگز کا استعمال ترک کیا جائے، نامیاتی کچرے کو ضائع کرنے کے بجائے توانائی کے حصول و دیگر مقاصد کے لیے استعمال میں لایا جائے اور بڑے پیمانے پر شجرکاری مہمات کا آغاز کیا جائے تاکہ آئندہ نسلوں کا مستقبل محفوظ بنایا جاسکے۔ اس موقع پر طلباء و طالبات نے اپنے ملک کو صاف ستھرا رکھنے کے قومی فریضہ کو بخوبی نبھانے کے عزم کا اعادہ کیا۔

کلین اینڈ گرین پروگرام کے تحت واک کا بھی انعقاد کیا گیا جس میں ماحولیاتی آلودگی کے ماحول و معاشرے پر پڑنے والے مضر اثرات اور ان سے بچاؤ سے متعلق آگاہی فراہم کی گئی۔ واک میں طلباء و طالبات کی بڑی تعداد نے اپنے کارڈز اور بیئرز اٹھا کر شرکت کی جن پر صحت و صفائی کی اہمیت واضح کرنے والے پیغامات درج تھے۔ کالج آف ایگری کلچر میں وزیر اعظم کے کلین اینڈ گرین پاکستان پروگرام کے تحت آگاہی سیمینار اور واک کا اہتمام کیا گیا جس میں شرکانے مہم کو قابل ستائش قرار دیتے ہوئے اس بات پر

زور دیا کہ کلین اینڈ گرین پروگرام کو کامیاب بنانے کیلئے اپنے گلی محلوں اور گردونواح کو صاف ستھرا رکھنے کیلئے اپنا کردار ادا کریں جب کہ شجرکاری کے ذریعے ماحولیاتی آلودگی کے خاتمہ کو یقینی بنائیں۔ شعبہ ابلاغیات کے زیر اہتمام صاف اور سرسبز پاکستان مہم کے سلسلہ میں سیمینار کا انعقاد کیا گیا جس کی صدارت معروف ٹی وی اینکر سید اقرار الحسن نے کی۔ اس موقع پر ان کا کہنا تھا کہ بڑھتی ماحولیاتی آلودگی سے سنگین مسائل جنم لے رہے ہیں۔ ان مسائل کو ختم کرنے کے لیے ماحول کو صاف ستھرا رکھنا اور زیادہ سے زیادہ درخت لگانا ہم سب کی ذمہ داری ہے۔ اقرار الحسن نے کلین اینڈ گرین پاکستان مہم کے تحت شعبہ ابلاغیات میں پورا بھی لگا یا۔

وزیر اعظم پاکستان عمران خان کی جانب سے شروع کی گئی کلین اینڈ گرین پاکستان مہم پر عمل درآمد کے لیے سرگودھا یونیورسٹی اپنے تمام وسائل بروئے کار لاتے ہوئے ٹھوس اقدامات کر رہی ہے جن میں سمارٹ اینڈ سیف کیمپس، صاف ستھرا، سرسبز کیمپس اور دھویں سے پاک کیمپس جیسے زیر تکمیل منصوبے شامل ہیں۔ سرگودھا یونیورسٹی نے وفاقی حکومت کی شجرکاری مہم کے تحت ایک سال میں ایک لاکھ پودے لگانے کی مہم کا آغاز کرتے ہوئے سرگودھا میڈیکل کالج کی سیم زدہ زمین پر اب تک چار ہزار پودے لگائے ہیں، اسی مہم کے تحت ایگریکلچر کالج، انجینئرنگ کالج اور سب کیمپس میانوالی دھکر میں بھی بڑے پیمانے پر شجرکاری کی جارہی ہے جس سے نہ صرف زمین میں سیم و تھور کے اثرات زائل ہونگے بلکہ صحت مند ماحول بھی قائم کرنے میں مدد ملے گی۔ انسان دوست ماحول کو یقینی بنانے کے لیے

سرگودھا یونیورسٹی نے ”گرین میٹرک ورلڈ یونیورسٹیز رینٹنگ سسٹم میں بھی شمولیت اختیار کی اور انفراسٹرکچر کی تشکیل، انرجی اور ماحولیاتی آلودگی کی روک تھام، فضیلت جات کو درست طریقے سے درست جگہ پر رکھنے لگانے، پانی کی مناسب ترسیل اور اس ضمن میں نسل نو کو شعور دے کر کیمپس کو سرسبز بنانے کے 6 ہدف پر قلیل وقت میں ترجیحی کام کیا جس کی وجہ سے سرگودھا یونیورسٹی گرین میٹرک ورلڈ یونیورسٹیز رینٹنگ میں 712 ویں، بہتر ٹرانسپورٹ سہولیات کی عالمی درجہ بندی میں 419 ویں جب کہ پاکستان میں گرین کیمپس کی درجہ بندی میں 30 ویں نمبر پر آئی ہے۔

علاوہ ازیں نسل نو کو سرسبز اور صاف پاکستان مہم کے بارے میں شعور دینے کے لیے مختلف تقریبات کا انعقاد بھی کیا گیا۔ ڈیپارٹمنٹ آف سوشیالوجی اینڈ کریمنالوجی کے زیر اہتمام صاف اور سرسبز ماحول ممکن بنانے میں نوجوانوں کے کردار کو اجاگر کرنے کے لیے پوتھ کانفرنس کا انعقاد کیا گیا۔ ایونٹ کا انعقاد ادارہ برائے استحکام شرکاء (Strengthening participatory organisation) کے تعاون سے ہوا۔ اس موقع پر طلبہ کی جانب سے تیار کردہ پوسٹرز کی نمائش اور تقریری

مقابلہ بھی منعقد ہوا جس میں طلبہ نے ماحولیاتی آلودگی کے خاتمہ، صاف ستھرا ماحول، بہتر نکاسی آب، پانی کے محفوظ استعمال، درختوں کے کٹاؤ کی روک تھام اور درخت لگانے کی اہمیت کو اجاگر کرنے سمیت دیگر موضوعات پر اپنی رائے کا اظہار کیا۔ طلبہ نے ”ہم درخت ہیں ہمیں نہ کاٹو ہم سایہ دیتے ہیں“ کے موضوع پر ٹیبلو بھی پیش کیا۔

کلین اینڈ گرین پاکستان مہم کے سلسلہ میں سرگودھا یونیورسٹی اور ضلعی انتظامیہ کے اشتراک سے آگاہی واک اور سیمینار کا انعقاد ہوا جس میں ڈپٹی کمشنر سرگودھا سلوٹ سعید، وائس چانسلر ڈاکٹر اشتیاق احمد، فیکلٹی ممبران اور طلبہ شریک ہوئے۔ سیمینار سے خطاب کرتے ہوئے سلوٹ سعید

سرگودھا یونیورسٹی گرین میٹرک ورلڈ یونیورسٹیز رینٹنگ میں 712 ویں، بہتر ٹرانسپورٹ سہولیات کی عالمی درجہ بندی میں 419 ویں، گرین کیمپس کی ملکی درجہ بندی میں 30 ویں نمبر پر آئی ہے۔

یوم قائد کے حوالہ سے تقریب



تقریب میں طلباء و طالبات ملی نغمہ پیش کر رہے ہیں جبکہ چاچا کرکٹ پرچم اہرا ہے ہیں

میں طلبہ نے بڑھ چڑھ کر حصہ لیا۔ بانی پاکستان کو خراج تحسین پیش کرنے کے لیے طلبہ نے ملی نغمہ بھی پیش کیے۔ تقریب کے مہمان خصوصی ڈین فیکلٹی آف ایگریکلچر ڈاکٹر محمد افضل تھے جب کہ چاچا کرکٹ شیخ حلیل، ڈائریکٹر ہم نصابی فورم احمد فراز، فیکلٹی ممبران اور طلبہ کی بڑی تعداد نے شرکت کی۔ تقریب کے اختتام پر ڈاکٹر محمد افضل نے پوسٹر ڈیزائننگ اور پینٹنگ مقابلہ میں پوزیشن حاصل کرنے والے طلبہ کو اعزازی ٹیوشن دیا۔ پوسٹر ڈیزائننگ میں ابرار حسین نے پہلی، دانش علی نے دوسری اور نعمان گلزار نے تیسری پوزیشن حاصل کی۔ پینٹنگ مقابلہ میں وقار احمد نے پہلی، منادی احمد نے دوسری اور محمد ثاقب نے تیسری پوزیشن حاصل کی۔

سرگودھا یونیورسٹی میں یوم قائد کے حوالہ سے خصوصی تقریب اور فن پاروں کی نمائش کا انعقاد کیا گیا جس میں بانی پاکستان قائد اعظم محمد علی جناح کی سیاسی جدوجہد، ان کی قائدانہ صلاحیتوں و دیگر شخصی پہلوؤں کو اجاگر کر کے ان کو خراج عقیدت پیش کیا گیا۔ انسٹی ٹیوٹ آف آرٹ اینڈ ڈیزائننگ کے طلباء و طالبات کی جانب سے فن پاروں کی نمائش منعقد کی گئی جن میں قائد اعظم کی پیدائش سے لیکر ان کی رحلت تک کے شب روز کی عکاسی کرتے ہوئے ایمان، اتحاد، تنظیم، امید، ہمت اور خود اعتمادی کا پیغام دیا گیا۔ ریاض شاد، ہم نصابی فورم کے تحت ’’اے روح قائد آج کے دن ہم تجھ سے وعدہ کرتے ہیں‘‘ کے موضوع پر اردو اور پنجابی زبان میں تقاریر پیش کی گئیں جن

طلبہ سوسائٹیز کا قیام، تقریب حلف برداری



سوسائٹیز کے نو منتخب عہدیداران سے حلف لیا جا رہا ہے

چانسلر نے 18 طلبہ سوسائٹیز کے عہدیداران سے حلف لیا، سوسائٹیز میں ادبی، تخلیقی، سپورٹس، ایڈوینچر، میوزک، تحریر و تقریر، آئی ٹی، ڈرامہ، قرات و نعت، شعر و شاعری، ای گیمز، کمیونٹی سروس، گرین سوسائٹی کے علاوہ دیگر سوسائٹیز شامل ہیں۔

طلبہ کی صلاحیتوں کو اجاگر کرنے کے لیے سرگودھا یونیورسٹی میں طلبہ سوسائٹیز کا قیام عمل میں لایا گیا، اس ضمن میں طلبہ سوسائٹیز کے عہدے داروں کی تقریب حلف برداری کا انعقاد کیا گیا جس میں وائس چانسلر ڈاکٹر اشفاق احمد نے بطور خاص شرکت کی۔ اس موقع پر وائس چانسلر نے کہا کہ طلبہ کی تخلیقی صلاحیتوں کو اجاگر کرنے کے لیے سرگودھا یونیورسٹی ہر ممکن اقدامات کر رہی ہے، تعلیمی و تحقیقی میدان میں ہر سہولت بہم پہنچانے کے علاوہ طلبہ کو ہم نصابی سرگرمیوں میں بھی اپنا لوہا منوانے کے بھرپور مواقع فراہم کیے جا رہے ہیں۔ انہوں نے کہا کہ کامیاب مستقبل کو یقینی بنانے کے لیے طلبہ کا تعلیمی و تحقیقی میدان میں اعلیٰ کارکردگی کا مظاہرہ کرنے کیساتھ ساتھ ہم نصابی سرگرمیوں میں بھرپور حصہ لینا بھی ضروری ہے۔ ادبی و دیگر سوسائٹیز طلبہ کی زندگیوں پر دور رس اثرات مرتب کرتی ہیں اور

دیکھنے میں آیا ہے کہ ہم نصابی سرگرمیوں میں بڑھ چڑھ کر حصہ لینے والے طلبہ عملی زندگی کے امتحانات میں بہترین نتائج لینے والے طلبہ سے زیادہ کامیاب ہوتے ہیں، اس کی وجہ ہم نصابی سرگرمیوں سے سیکھا گیا نظم و ضبط اور دیگر مہارتیں اور تجربات ہیں۔ تقریب کے دوران وائس

یوم اقبال کے موقع پر تقریبات



طالب علم امیر عباس کلام اقبال پیش کر رہا ہے

پاکستان نے برصغیر میں مسلم معاشرے کی دیگرگوں حالت کے پیش نظر ایک اسلامی ریاست کا خواب دیکھا اور اس کی تعبیر کے لیے ہر اس سوچ و فکر کو پروان چڑھایا جس سے اس کی تعبیر ہو۔ آپ نے مسلمانوں کی معاشرتی اساس کو اجاگر کرنے کیلئے انفرادی خیالات کو مجتمع کرنے اور انہیں مضبوط بنانے کا فریضہ بخوبی سرانجام دیا۔ تقریب کے اختتامی سیشن میں نمائش و مقابلہ جات میں بہترین کارکردگی دکھانے والے طلبہ میں اعزازی سرٹیفکیٹس بھی تقسیم کیے گئے۔

شاعر مشرق علامہ اقبال کے یوم پیدائش کے موقع پر سرگودھا یونیورسٹی میں پروقار تقریبات کا انعقاد کیا گیا جن میں افکار اقبال کو اجاگر کر کے طلبہ کو یہ ترغیب دی گئی کہ وہ اپنی تخلیقی اور قائدانہ صلاحیتوں کو بروئے کار لاتے ہوئے اقبال کے نظریات کو عملی جامہ پہنائیں۔ یوم اقبال کی تقریبات کا انعقاد انسٹی ٹیوٹ آف آرٹ اینڈ ڈیزائننگ اور ریاض شاد ہم نصابی فورم کے زیر اہتمام کیا گیا۔ اس موقع پر شعبہ فائن آرٹس کے طلبہ نے فن پاروں کی نمائش لگائی جن میں افکار اقبال کی عکاسی کی گئی۔ نمائش کا افتتاح وائس چانسلر نے کیا۔ نمائش فن مصوری و خطاطی کے دلدادہ افراد کے ساتھ ساتھ عام لوگوں بالخصوص طلباء و طالبات کی توجہ کا مرکز بنی رہی اور شرکاء کی جانب سے دیدہ زیب فن پاروں کو خوب سراہا گیا۔ موقع کی مناسبت سے ریاض شاد ہم نصابی فورم کی جانب سے ادبی مقابلہ جات کا انعقاد بھی کیا گیا۔ بیت بازی، کونز پروگرام اور تقریری مقابلے ہوئے جن میں طلبہ نے اپنی صلاحیتوں کا لوہا منوایا جب کہ طلبہ نے ملی نغمے بھی پیش کیے اور خوب داد سمیٹی۔

اس موقع پر مقررین نے کہا کہ اقبال کا پیغام خودی ہمارے لیے عزم و حوصلے کی علامت ہے۔ اقبال نے مذہب اور کچھ کے تناظر میں اپنے خیالات و نظریات کو شاعری میں بیان کر کے جدت اور قدامت کے درمیان پائے جانے والے خلا کو پُر کیا۔ انہوں نے نوجوانوں کے ذہنوں کو آگاہی کے نور سے منور کیا اور ان کے دلوں میں امید کی رقیق پیدا کی۔ وہ ہر دور اور ہر قوم کے نوجوانوں کے لیے مشعل راہ ہیں۔ اقبال نگاروں کی بلند یوں کو چھونے والے شاعر تھے۔ انہوں نے احساس دلایا کہ انسان تب تک غلام نہیں بن سکتا جب تک وہ ذہنی غلامی قبول نہ کر لے۔ مفکر

2018ء سیشن کے طلبہ کیلئے تعارفی نشستوں کا اہتمام



نے کہا کہ طلبہ کی کونسلنگ اور مختلف مواقعوں کی فراہمی کے لیے کیریئر ڈویلپمنٹ سنٹر اپنا دائرہ کار سب کی پیمائش تک پھیلائے گا تاکہ طلبہ کو عملی زندگی میں داخل ہونے سے قبل مکمل طور پر ذمہ دار، پروقار اور پُر اعتماد شہری بنایا جاسکے۔ تقاریب کے دوران طلبہ سے ان کے عزائم و ترجیحات کے بارے میں پوچھا گیا اور یونیورسٹی کے حوالے سے بنائی گئی دستاویزی فلمیں بھی دکھائی گئیں۔

کیریئر ڈویلپمنٹ سنٹر کی جانب سے نئے سیشن 2018ء کے طلبہ کے اعزاز میں ”ویکم اور ٹینٹیشن“ سیشن کا انعقاد کیا گیا جو ایک ہفتہ تک جاری رہے۔ اس طرز کی تعارفی نشستیں یونیورسٹی میں پہلی مرتبہ منعقد ہوئیں۔ مین کیمپس، سب کیمپس، بھکر اور کالجز میں منعقدہ 15 سے زائد نشستوں میں تقریباً 5000 طلباء و طالبات کو یونیورسٹی کے انتظامی ڈھانچے، قواعد و ضوابط، طلبہ کے لیے سہولیات، سکالر شپ پروگرامز، ہم نصابی سرگرمیوں، سمسٹر اور سٹڈی کیلنڈر، ممکنہ چیلنجز اور ان کا سامنا کرنے کے بارے میں رہنمائی فراہم کی گئی تاکہ طلبہ نہ صرف صحیح سمت کا تعین کر کے بہتر انداز میں آگے بڑھ سکیں بلکہ دستیاب وسائل سے بہتر انداز میں مستفید ہوتے ہوئے اپنی استعداد کار میں بھی اضافہ کر سکیں۔

انچارج کیریئر ڈویلپمنٹ سنٹر مریم گل نے کہا کہ سالانہ امتحانی نظام سے یونیورسٹی کے سمسٹر سسٹم کا حصہ بننے والے طلبہ اس نظام کے بارے میں بہتر انداز میں نہیں جانتے، طلبہ کی کارکردگی بہتر بنانے اور ان کی سوچ بوجھ میں اضافے کے لیے ویکم اور ٹینٹیشن سیشن رکھے گئے۔ ان سیشنز کے انعقاد سے جہاں طلبہ کے اعتماد میں اضافہ ہوا وہیں ان کی پوشیدہ صلاحیتیں اجاگر ہوئیں۔ انہوں

نیوز لیٹر

اکتوبر تا دسمبر ۲۰۱۸ء | جلد: ۱۲ | شماره: ۴

سہ ماہی اشاعت یونیورسٹی آف سرگودھا



”اہداف کے حصول کے لیے صلاحیتوں کا استعمال“ پر سیمینار



ٹی وی اینکر عمران خان سیمینار سے خطاب جبکہ اس موقع پر منصور علی خان اور امیر عباس بھی شریک ہیں

کر سامنا کیا۔ اگر آپ نے استقامت و مستقل مزاجی سے مسائل کا سامنا نہ کیا اور ہار تسلیم کر لی تو پھر قسمت بھی آپ کو کامیاب نہیں کر سکتی۔ طلبہ کو کبھی بھی ہار نہ ماننے کی ترغیب دیتے ہوئے کہا کہ اگر آپ حالات کے سامنے جھکیں گے تو ہار ایسے گزر جائے گی جیسے ریت کے اوپر سے پانی گزر جاتا ہے۔ منصور علی خان نے کہا کہ موجودہ دور میں میڈیا یا مخصوص سوشل میڈیا تک عام آدمی کی رسائی ہے جس کے باعث معاشرے میں شعوری تبدیلی آئی ہے، خاص طور پر نوجوان نسل میں تنقیدی سوچ پروان چڑھی ہے۔ انہوں نے کہا کہ نوجوان سوشل میڈیا کی طاقت کو اپنے مقاصد کے حصول کے لیے استعمال کریں اور لوگوں کے سامنے اپنا موقف رکھتے ہوئے خوفزدہ نہ ہوں۔ چیئر مین شعبہ سیاسیات و بین الاقوامی تعلقات ڈاکٹر اعظم نے کہا کہ طلبہ خواہوں کی تکمیل کے لیے عملی قدم اٹھانا سیکھیں کیوں کہ سب سے مشکل کام مقصد کے حصول کے لیے اقدامات کرنا ہے۔

شعبہ سیاسیات و بین الاقوامی تعلقات کے زیر اہتمام ”اہداف کے حصول کیلئے صلاحیتوں کا استعمال“ کرنے کے موضوع پر سیمینار کا انعقاد کیا گیا جس میں معروف ٹی وی اینکر عمران خان، منصور علی خان اور امیر عباس نے شرکت کی اور طلبہ کو ترغیب دی کہ وہ عملی زندگی میں اہداف کا حصول ممکن بنانے کے لیے مسلسل جدوجہد کریں اور کبھی ہمت نہ ہاریں۔ عمران خان نے کہا کہ مثبت مقاصد کے حصول کے لیے عملی قدم اٹھانا اور رسک لینا بہت ضروری ہے۔ رسک لیے بغیر آپ اپنے خوابوں اور صلاحیتوں کو ضائع کر دیں گے۔ بغیر خواب دیکھیے، بغیر منصوبہ بندی اور بغیر کام کئے نامی کا خوف ہماری زندگیوں کا حصہ بن جاتا ہے ہمیں اس خوف سے چھٹکارا حاصل کرنا ہوگا۔ امیر عباس نے کہا کہ زندگی نام ہی آزمائشوں اور مشکلات کا ہے، کامیابی انہی لوگوں نے حاصل کی کہ جنہوں نے مشکل ترین صورتحال میں بھی شکست تسلیم نہیں کی اور حالات کا ڈٹ